

31 December 2015: Preached by Rev Quek Suan Yew

**Topic: Let Us Not Sleep**

Scripture Text: 1 Thess 5:6-10

1. When one is asleep, one is oblivious to the surrounding environments and things that are happening no matter how serious they are. Christians are children of the light, and not darkness. Therefore, we should always be watching and praying in our spiritual battle.
2. From v.6-7, we see what is a bad sleep. The Bible warns of those who sleep and are not sober. They are like a drunken who lost control of their mind and do shameful things. Christians must not fall into sin to be in such a state of sleep. Those who lose their zeal and interest in spiritual things are in such a bad sleep.
3. In v.8, we learn a Christian must be in a “no sleep” state. He is always sober and alert in spiritual matters. A Christian will live a life of faith, not looking to the things of this world. He will love God and love one another. His hope is in God and look forward to the day of Christ’s return.
4. In v.9-10, it describes “good sleep”. When we obtain salvation in Jesus Christ, we are saved forever. When a believer dies, the Bible calls it sleep for his soul is in heaven and one day when Jesus returns, he will be given a new glorified body. For believers, our parting on earth is only temporary like a sleep. Hence, in life or in death, let us always glorify the Lord Jesus Christ.